



Truth into the light – a challenge for Christmas time!

Recently, the EMA (European Medicines Agency) admitted after an inquiry [1] that the mRNA "vaccines" not only do not deliver what we were promised, but reliable data on the safety profile was not available before their approval. The EMA clarified that "the COVID-19 vaccines are not authorized to prevent transmission from one person to another". One of the Members of the European Parliament who had made the inquiry, De Graaff, summarized in an interview for the press [2]: "The vaccines were not suitable to prevent infections and there is no robust data to prove that the vaccines could help contain the spread of the virus." This demonstrates a clearly manipulative, non-fact-based intent by the government when it called for people to get vaccinated to protect their parents, neighbors and the most vulnerable in society.

The EMA stated that it had expected "many reports of side effects". The actual occurrence of these side effects continues to be downplayed and there is no information on their treatment from the official bodies. What strikes me in my practice is that few people know how and where to find out about these side effects that occur and that there are indeed options for treatment [3, 4, 5, 6, 7, 8]. I work with effective naturopathic methods.

Unfortunately, we are also forced to obtain important information ourselves on other topics concerning your health, e.g. "climate", which is deliberately withheld from us by the authorities and the mainstream media in order to enforce certain measures ("follow the trail of control and money...").

Telling the truth only partially, distorting it or hiding it so that it is difficult or impossible to find has the same effect as a lie. The person who is told an incomplete truth is misled. They are unable to react appropriately for themselves because they are missing important information. If it subsequently becomes known that something was concealed that would have led to a completely different reaction, trust in the informant is damaged.

I would like to modify the story of the three sieves, which is attributed to Socrates. In the story, the wise man says that you should only pass on a message if it passes through three sieves: It must be true, it must be positive and it must benefit the person to whom it is communicated. A message is only true if it is comprehensive and without exaggeration or understatement. We need to check this before we pass on information. Missing facts are usually of a negative nature that someone wants to conceal for their own benefit. Exaggerations are unsettling and understatements conceal real threats. A message becomes positive and useful when it contains the tools and information to make up your own mind, as well as advice on how to deal with the negative facts and overcome the resulting challenges. However, this requires people to leave their comfort zone and take the time to do their own research, form their own opinion and share what they have found with others.

In my work as a health promoter in elementary school, I see clear differences in children. Many of them are spontaneously and radically honest and tell me their opinion about what I say, but also sometimes about my appearance ;). But lying is an evolutionary survival instinct. Children quickly find out how to create defensive shields with words and alibis with fibs in order to protect themselves from punishment, deprivation of love or possible harassment by parents, educators, etc. The problem is that this survival instinct accompanies us into adulthood, where such cheating is presented and sold to ourselves as a "necessity" or even as "good behavior". They

are not bad, the "white lies" - exaggerations, understatements, omissions of information - in order to occasionally look good in conversations with others. But on closer examination they are an attempt to cover up something that you can't own up to or that you are ashamed of. You are afraid that if you tell the truth, you will be uninteresting, less lovable, not good enough or even despised.

My Christmas challenge for you is to start speaking the truth to your personal contacts. Try to find two topics in yourself where you realize that you keep telling yourself and others small or big lies and the more often you do this, you may even believe yourself that it is the truth. It is worth "shedding light" on these issues in the truest sense of the word. Because once you have found out why you are behaving in this way with these issues, you will feel set free. You may open a "Pandora's box" with your search and find access to areas that you have always hidden away. Once they are brought to light, the associated fear will dissolve. Because people who love you can tolerate the truth. Affection and trust between you will continue to grow through mutual honesty.

As on a large scale, so on a small scale. Our society is made up of individuals. If more and more stand by the truth, things will also change for the better on a large scale.

Links:

[1] https://drive.google.com/file/d/1gDfGrb8wFQWnMSOolgm87sX6Xqy_X4S0/view?pli=1

[2] <https://reitschuster.de/post/ema-zerlegt-die-politik-der-impf-regime-in-europa/>

[3] <https://www.mwgfd.org/>

[4] <https://worldhealthalliance.net/index.html>

[5] <https://www.corih.de/>

[6] <https://www.aerzte-fuer-aufklaerung.de/>

[7] <https://www.corona-solution.com/>

[8] <https://worldcouncilforhealth.org/>

